



Neprinol is best taken in between meals—more specifically, an hour before and at least an hour and a half after eating. The potency of the enzymes in Neprinol are adversely affected by the intake of food, so this is an important guideline to follow.

The therapeutic and maintenance doses listed below are what have been reported to be the most effective for consumers of Neprinol with the corresponding conditions.

Activation dosages are recommended for three months when taken for therapeutic benefits. Start by taking 2 capsules 3 times daily, then increase the number accordingly until a benefit is felt. Most users will experience a noted benefit between 2-4 capsules 3 times daily.

When the therapeutic effect of Neprinol is achieved, it is in the user's best interest to keep their results. This lower dose, called a "maintenance" dose, may vary from person to person. Decreasing the dosage to a 2-4 capsule a day regimen usually works the best. When flare-ups do occur, they may again increase the dose accordingly.

<b>Chronic Fatigue and Fibromyalgia:</b>	3 capsules 3 times daily
<b>Auto Immune Conditions:</b>	
During periods of attack	up to 5 capsules 3 times daily
During periods of remission	2-3 capsules 3 times daily
<b>Osteoarthritis:</b>	
Severe conditions	3 capsules 3 times daily
Moderate conditions	3 capsules 2-3 times daily
Mild conditions	3 capsules 2 times daily
<b>Opening Circulation:</b>	3-4 capsules 3 times daily for 1-3 months Followed by 3 caps 2-3 times daily
<b>New Sprains &amp; Strains:</b>	
Severe to moderate	up to 5 capsules 3 times daily for one week, then adjust dose per healing times
<b>Chronic Pain:</b>	
Severe	3-4 capsules 3 times daily
Moderate	3 capsules 3 times daily
Mild	2-3 capsules 2 times daily
<b>Edema:</b>	
Severe	3-4 capsules 3 times daily
Moderate	3 capsules 2 times daily
Mild	2 capsules 2 times daily
<b>Post-surgery Scar Tissue, Keloids, &amp; Fibrosis</b>	3 capsules 3 time daily for 2 months Followed by 2-6 capsules a day adjusted by user
<b>Traumatic Inflammation:</b>	
Severe	3-4 capsules 3 times daily
Moderate	3 capsules 3 times daily
Mild	2-3 capsules 2 times daily
<b>Post-surgery Recovery:</b>	2-3 capsules 3 times daily



NOTE:  
The Food and Drug Administration has not evaluated the above information. This product or the listed information is not intended to diagnose, treat, cure or prevent disease. For all conditions or illnesses see a health professional for a full evaluation, diagnosis and treatment plan.